

Massachusetts

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Center for Health & Rehabilitation
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Newburyport, MA 01950
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Eliot
Center for Health & Rehabilitation
168 West Central Street
Natick, MA 01760
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www.EliotCenterRehab.com

The Reservoir
Center for Health & Rehabilitation
400 Bolton Street
Marlborough, MA 01752
508-481-6123
www.ReservoirCenterRehab.com

Sachem
Center for Health & Rehabilitation
66 Central Street
East Bridgewater, MA 02333
508-378-7227
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New Hampshire

Dover
Center for Health & Rehabilitation
307 Plaza Drive
Dover, NH 03820
603-742-2676 F. 603-749-5375
www.DoverCenterRehab.com



www.nathealthcare.com



www.passportrehab.com



Corporate Compliance Statement:

It is the policy of this facility to fully comply with all federal and state laws governing fraud and abuse in healthcare programs and to expect all employees, contractors, and consultants to conduct themselves in an ethical and responsible manner. This facility does not discriminate on the basis of race, creed, color, national origin, physical disability, past/present history of mental disorder, marital status, sex, age or religion in admission or access to treatment or employment in programs and activities. (4/2012)

Reducing the Risk

Decreasing the Need for Rehospitalization



According to the American Heart Association CHF affects approximately five million people in the United States and over 500,000 people are diagnosed with the disease each year. It is the leading cause of hospitalizations in people over 65 years old, and causes more than 12 million doctor visits per year.

These findings highlight the complexity of treating patients with CHF and stress the importance of developing comprehensive and coordinated care within the healthcare continuum. Our goal is to work closely together to avoid costly rehospitalization by providing education and treatment in a post-acute setting and evaluating the many intricacies of CHF including underlying causes, medications and necessary lifestyle modifications.

Program Goals

- Jointly manage patient's exacerbation of CHF over time
- Improve value based purchasing metrics across care settings
- Decrease hospital re-admissions
- Provide education to patients and families

Program Objectives

- Coordinated effort and establishment of working communication between all involved parties including hospital, practitioner, skilled nursing facility and home health
- Consistent education for patients and families using shared materials and key learning components including management of medications, diet, exercise and heart healthy lifestyle choices
- Knowledgeable staff at our facilities with enhanced education and training
- Post discharge follow-up

Specialized Staff & Advanced Training

- Pathophysiology of the syndrome at an advanced practical level
- Adherence and understanding of the American Heart Association Guidelines for Diagnosis and Management of Heart Failure in adults
- Onsite AED to address any emergency needs
- Interdisciplinary approach to disease management
- Cardiologist on staff/Consult
- Advanced Practice Registered Nurse (APRN)



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